

Kelowna Yoga House Workshop with Ingelise Nherlan: Oct. 15-17, 2010

Workshop Schedule

Friday Oct. 15, 2010
6:00 — 8:30 pm

Saturday Oct. 16, 2010
10:00 am — 2:00 pm

Sunday Oct. 17, 2010
9:00 am — 12:30 pm

Location

Kelowna Yoga House
1272 St. Paul St. Kelowna, B.C.
(250) 862-4906

Participants should have at least one year of Iyengar yoga experience, and be comfortable using props with inversions.

Workshop Fees

Up to Sept. 17, 2010: **KYHS** members: \$200
Non-members: \$215

After Sept. 17, 2010 all workshop fees increase by \$50.

To Register

Sign up, fill out registration form and pay at **Kelowna Yoga House** or telephone register with VISA, MC or Debit.

Cheques payable to **Kelowna Yoga House Society**.

Post-dated cheques to Sept. 17, 2010 accepted and encouraged!

For payment and enquiries:

Linda Frandsen at (250) 860-7112
Doug Bauer at (250) 869-8771

Cancellation Policy

By Sept. 17, 2010: Full refund.
Sept. 17 – Oct. 8, 2010: **Possible** 50% refund based on workshop income.
After Oct. 8, 2010: No refund, unless workshop replacement found.

Ingelise Nherlan Workshop Registration Form / Waiver Oct. 15-17, 2010

Name: _____ Address: _____

City/Prov.: _____ Postal Code _____ Telephone: _____

Email Address: _____ Amount Enclosed: _____

How many years have you studied Iyengar yoga? _____

Who is your most recent Iyengar yoga teacher? _____

If you need billeting, call Linda Frandsen at (250) 860-7112 or email frandsen10@hotmail.com

Billeting is available at \$25 — \$30/ night.

Please respect our cancellation policy:

By Sept. 17, 2010: Full refund

Sept. 17 – Oct. 8, 2010: **Possible** 50% refund depending on workshop income.

After Oct. 8, 2010: No refund, unless replacement found.

Make workshop cheques payable to **Kelowna Yoga House Society** and mail along with this form to:

Linda Frandsen
c/o Kelowna Yoga House
1272 St. Paul St. Kelowna, B.C. V1Y 2C9

Release and Waiver

I understand that yoga classes and yoga facilities may involve inherent risks including, but not limited to, physical activity which may result in bodily injury. In consideration of the **Kelowna Yoga House Society (KYHS)** accepting this registration, I, for myself, my heirs, executors, administrators and assigns, release and hold harmless **KYHS** and its respective servants, agents, members, directors, officers or employees from any claims, demands, damages, actions or causes of action arising out of or in consequence of any loss, injury or damage to my person or property incurred while practising yoga at any time or place and, without limiting the generality of the foregoing, specifically, while attending or participating in **KYHS**-sponsored yoga classes, yoga workshops or other meetings, notwithstanding any such loss, injury or damage which may have arisen by reason of the negligence or gross negligence of the **KYHS**, its servants, agents, members, directors, officers, employees or visiting teachers.

I have read this document carefully. I understand that signing this document may affect my legal rights including the right to sue.

Dated at _____ (City, Prov.) _____ Date (MM/DD/YY) _____ (Signature of applicant)